

Plant Oil Specification

Oil Names	Palmitic C16:0	Stearic C18:0	GLC ranges of Fatty Acid Composition (expressed as percentage)					Nutritional	Skincare	Culinary
			Oleic C18:1	Linoleic C18:2	ALA α Linolenic	GLA γ Linolenic	Stearidonic C18:4			
Apricot Kernel Oil	3-7	0-3	54-74	20-34	-	-	-	****	***	
Avocado Oil*	4-10	-	60-80	10-20	-	-	-	****	****	*****
Blackcurrant Seed Oil	6-10	1-4	8-16	40-50	12-15	14-17	2-4	*****	****	
Borage Seed Oil*	9-12	3-5	15-20	35-42	-	20-24	-	*****	*****	
Echium Oil	4-8	2-5	10-18	15-30	25-35	10-15	8-14	*****	*****	
Evening Primrose Oil*	5-7	1-3	5-10	68-78	-	8-12	-	****	*****	***
Flax Seed Oil*	3-8	2-8	11-35	11-24	50-62	-	-	*****	***	***
Grape Seed Oil	4-11	25-5	12-33	45-72	0-3	-	-	***	****	****
Hazelnut Oil	3-9	1-6	70-80	5-20	0-50	-	-	***	***	*****
Hemp Seed Oil	4-10	1-4	6-20	45-65	14-28	2-5	0-2.5	*****	*****	*****
Kiwifruit Seed Oil	3-7	1-4	10-14	12-17	57-70	-	-	****	****	
Macadamia Nut Oil*	7-10	2-6	53-67	1-4	0-3	-	-	***	****	*****
Pumpkin Seed Oil*	10-16	3-7	18-38	40-62	-	-	-	****	***	*****
Rosehip Oil*	3-8	1-3	13-15	41-51	28-38	-	-		*****	
Safflower Oil High Linoleic	5-8	1-3	8-30	67-85	-	-	-	***	***	***
Sweet Almond Oil	4-9	0-2	62-86	20-30	Trace-1	-	-		****	***
Sunflower Oil High Linoleic*	2-8	1-8	12-40	62-78	-	-	-	***	****	****
Sunflower Oil High Oleic*	2-8	1-8	12-40	62-78	-	-	-	***	****	****
Walnut Oil	5-8	1-3	8-20	45-65	-	-	-	****	****	*****
Wheatgerm Oil	9-16	1-5	8-30	44-57	-	-	-	****	*****	

Oil Names	Palmitic C16:0	Oleic C18:1	Eicosenoic C20:1	Erucic C22:1	Docosenoic C22:2 (w5)	Docosenoic C22:2 (w13)	Docosadienoic C22:2 (w5w13)	Nutritional	Skincare	Culinary
Jojoba Oil*	Trace 1	9-15	65-74	11-16	-	-	-		*****	
Meadowfoam Oil	<1	<1	58-64	-	3-6	10-14	15-21		*****	

- * Are available AsureQuality Certified Organic and IFOAM accredited
- Oil blends are available as per customer requirements
- All nutritional oils are available in soft gel capsules
- Selected oil seed extracts and flours are available on request
- Products can be produced to customer requirements with both refined and unrefined oils available
- Figures used in this table are indicative only. Please contact us for a full specification.

